

Become an Alzheimer's Society Dementia Friend

People with dementia sometimes need a helping hand to go about their daily lives and to feel included in their local community. The Dementia Friends Initiative gives people an understanding of dementia and the small things they can do that can make a difference to people living with dementia - from helping someone find the right bus to spreading the word about dementia.

You can become a Dementia Friend through Jewish Care

Gill Yentis and Susan Dawson are the Jewish Care Champions and they will help you to understand what it's like to live with dementia and the actions you can take to become a dementia friendly community.

This session will help you to understand how you can support your family member, congregant or friend who is living with dementia to enjoy the Jewish festivals as the High Holy days approach and with their day to day life.

Date: **Thursday 6 September 2018**

Time: **7.30 – 9.00pm**

Location: **Redbridge JCC, Sinclair House,
Woodford Bridge Road, Ilford IG4 5LN**

On completing the session, you will become a certified 'Dementia Friend' (an Alzheimer's Society Initiative) and will be able to put your understanding into action.

Advance booking essential

To book please email Gill Yentis at gjentis@jcare.org

