



End of Life Matters Follow-Up Sessions



Following the informative and well received day seminar we are delighted to offer a series of follow-up sessions. All are morning sessions. To register your interest and for further details please contact the synagogue office
020 8599 0936 or admin@swesrs.org.uk

Sunday, 20 January @ SWESRS

Jewish Customs and Rituals, with Rabbi Lisa Barrett

An outline of the rituals and customs from death to the funeral, the funeral itself, the mourning period, the stone-setting and beyond. This session will help you know what follows on from the death of a loved one, so you can feel a little more prepared when the time comes.

Sunday, 17 February @ Sukkat Shalom

Chevra Kadisha, with Mitzi Kalinsky & Fiona Hulbert

Learn about the work of a Chevra Kadisha, and explore the possibility of setting up our own local Progressive one.

Sunday, 17 March @ ELELS

To Do List: (1) arrange brain insurance (2) ensure the mop goes where you want when you “kick the bucket” – legally protecting yourself and your loved ones, with Miriam Spero (Phillips Lewis Smith—Solicitors)

How can you prepare for the possibility of losing mental capacity? What happens to your estate when you die? I will give you an understanding of ways you can protect yourself by making Lasting Powers of Attorney (LPAs) or Advance Directives and how a will can ensure your estate goes where you want. I will explain what happens if you don't have an LPA or Will. You can then make a positive decision to make or not make one. My aim is to take the fear out of making a legal document and (quite shockingly) have some fun whilst doing so.

Miriam Spero is head of private client at Phillips Lewis Smith. She is a member of Solicitors for the Elderly and the Society of Trust and Estate Practitioners. She holds a STEP Certificate In Advising Vulnerable Clients. She prides herself on translating legalese into English and having a sense of humour. She understands this stuff is scary!

Sunday, 19 May TBC

Sunday, 16 June @ SWESRS

Life After Death

What are the Jewish Views on Life After Death? What are your personal beliefs and experiences? How do these impact on how you feel about death and dying?

Sunday, 21 July TBC